

# What is Whanau Tahī?

Whanau Tahī provides a summary record where important health information is securely stored and available day and night for when you need medical care, anywhere.

This includes:

- Your name, date of birth, ethnicity and contact details
- A list of long-term medications and health conditions
- Allergies and alerts (such as allergic to antibiotics)
- Access to your Shared Care Plan

Access to this information means you will receive safer, more timely treatment:

- in an emergency,
- when you see your doctor,
- an after-hours clinic or
- when visiting other health professionals.



## Where can I get more information?

Learn more about Whanau Tahī at: [www.sharedcareplan.co.nz](http://www.sharedcareplan.co.nz). Whanau Tahī is called Shared Care on this site.

You can see your Whanau Tahī Shared Care record by asking your health care worker or by accessing through the Whanau Tahī Patient Portal.

### What if I change my mind?

You can stop being part of Whanau Tahī at any time by telling your health care worker that you wish to withdraw.



# Whanau Tahī Shared Care



## Whanau Tahi Patient Portal - Your own Website

As part of the Whanau Tahi shared care programme, you will also be able to see your core health information via a patient website. To use this, you will need access to the internet and you will be given a secure password.

This is proving a popular feature and includes the option to send a short message to your care coordinator and some of your healthcare team.

You can also

- view your care plan
- add measurements
- give family members or carers access to your portal
- see who has viewed your records so you are more in control than ever before.

***“Having access to my health information and care plan through the patient portal has been great. I especially like being able to send a message to the nurse when I have a brief question without having to go into the practice.”***

## What is the Whanau Tahi shared care programme?

When you are unwell, you want the medical team looking after you to give you the best advice and treatment as quickly as possible.

At present, each place you go to such as your general practice team, the district nurse or a hospital clinic all have separate records. They mostly only share information by letter, fax or phone.

This can result in delays or mistakes when important information, results or medical history is missing. It also makes it harder to coordinate your care and plan ahead.

With Whanau Tahi, key health information is shared on a secure system so that this essential information (such as your medication and allergies) is available when you need it most, day or night.



## What is a Whanau Tahi Shared Care Plan

If you have complex health care needs (you may have been in hospital or attended outpatient clinics or seen a number of healthcare providers) you may be offered or wish to ask for a shared care plan. If you are eligible for Kia Ora Vision through your GP, or Manaaki Manawa through your Iwi provider, they will help you create a care plan. This is a core feature of Whanau Tahi that enables:

- You to say what's important to you and what your goals and priorities are
- To have your health information readily available to health workers in emergencies
- To receive better communication about your health and better coordination of care